

Happiness Held is the Seed...And Happiness Shared is the Flower...

49B Braggin' Rag

June 2008

District 49 B '07-'08 Cabinet, Clubs & Fellow Lions

To every thing there is a season, and a time to every purpose under the heaven: A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted....

-Old Testament, Ecclesiastes, III, 1-8

It is time to pluck this flower spread the seeds and start a new year! Thank you for all the support & memories of this past year.

Yours in Lionism, DG 49B Lisa



Dear Lion Lisa,

Now is the time for our Lion Clubs to come to me to pick out their Youth Campers for the summer. I have 10 Boys and 10 Girls needing homes to stay in. The dates are: July 3 to July 18 or August 2 to August 18. I really need help with this problem; I have only had 3 Lions clubs come forward to pick Youth Campers so far. They are: Fairbanks Host Lions, Fairbanks Choice Lions and Fairbanks Curling Lions club. What has happened to everyone else?

Yours in Lionism,

Lion Janice Roderigues

MD49B Youth Exchange Chairperson

- ATTENTION ALL FELLOW LIONS -

It is no surprise that the Tok Lions will be sending a team to the 10th Annual Bud Sweet Golf Tournament July 20th. As always it will be a challenge stealing the trophy back from the Choice Lions!

It just so happens Saturday, July 19th 9-5 is the Eye Glass Recycling Day @ Aurora Borealis Lions Eyeglass Recycling & Vision Center!

The Tok Lion Golfers and members will be present rolling up their sleeves and assisting. We challenge all other fellow Lions Clubs to participate.

FOX CHILI COOK OFF--GREAT FUN(D) RAISER Respectfully submitted by: Fox Lions Secretary, Rosi Jarussi

The Fox Lions held their 8th annual Chili Cook Off on Saturday, May 17. I share this with the district 49b members because it is an excellent way to bring the community out for a spring get together and hello! All Alaskans are ready to break out of their hibernation at this time, and what better excuse? We provide good food all day, an accompanying bake sale with desserts and breads, prizes, and most importantly, comradely. We sell raffle tickets throughout the event for a series of "baskets and buckets" that contain items ranging from flower pots to tools. Something for everyone. This year there were around forty raffle items. A lot of tickets! The main entertainment is the wonderful variety of creative chilies that are available for all to munch on. Each participating team has their own booth which can be decorated as desired. This provides sights and sounds for the wandering crowd. Prizes are awarded for 1st, 2nd, and 3rd place chilies and best decorated booths from the judges, and again for people's choices. This way everyone participating in the tasting and wandering can select their favorites.

This year was extra special because District Governor Lisa Conrad joined the judging panel, and CST secretary Dodie Rixie attended. The entire community of Fox was happy to host Lions Lisa and Dodie at our event. Lion Bill Baker was present to help with anything and everything, which was greatly appreciated. More than that, we enjoyed having him with us.

Another advantage of this event is the ongoing recruitment of possible new members. Fox Lions membership chairperson Patty Gentry recruited one new member, and incoming president Rick Webb has a possible new recruit. Every member counts and every new member means more good deeds are possible. One great feature is the draw of children and teenagers. Two teens stand out, Shayla Kendrick, and Ashley Zellweger. They worked the bake sale all day for the Lions. We appreciate their hard work and dedication. They will receive certificates of recognition, and gift certificates as a show of our appreciation. Their work allowed the adults to be where they were needed most. There were teens involved with the cooking, decorating, and set ups and tear downs. All big jobs. Oh, let's not forget the biggest job, the eating! Everyone worked hard at that. We wish to thank everyone for being there. Initially it is a lot of work to put together, but after doing it for eight years, it's very organized and comes together quickly. Practice makes perfect. The winners are: Everyone.



Hi Membership Chairs,
Is this the time to find that new club in your area? There is always some group around that would fit into our organization. You must keep looking for those that already are involved in their communities. Talk to your fellow volunteers, the ones at church, sports venues, school support activities, you name it! Keep looking, maybe a branch club to start out with. Delta Lions is in this process right now. Who knows what will come of it. Isn't that exciting? To find those that could become Lions. Keep on trying,
Lion Bill Baker
District 49B Membership Chair
978-0607
Vice District Governor Elect 2008-2009

Host Lions Recycle Sale By Lion Bill

What a wonderful get together by many Lions Clubs, North Pole, Curling, College, Midnight Sun, Delta, Lady Lions, Choice and some that I forgot, I'm sure. Not only was there a lot of Lionism, but there was a great spirit of working together. Midnight Sun had the grill going for breakfast and lunch, many tables were selling items from clubs and donations by the local community. The bikes, Saturday, were selling faster than the hotcakes. Lion Howard Rixie and Lion Jim Turner were there with the new eye camera/computer, screening many local participants. The building was heated and very nice. The Host Lions Members, especially, Lion Jim Matthews, should be congratulated for all their hard work and organizational skills. They had good advertising in the local paper, district newsletter, and were there in full force. Sometimes, it was mentioned, you saw more Lions in vests, than buyers at the affair. We had many membership forms and gave out promotional pamphlets. I can't wait till next year!

District 49B Foundation Minutes

The Board Meeting was called to order at 7:30 AM, Apr 18, 2008 with the following members present: Herb Barker, Wes Burno, Phil Lazzaro, Cheryl Markwood, Becky Mc Cauley, Gordon Sutton, Jim Roderigues, and Jim Turner.

There was no correspondence. Guests were Hollis Hall, Ed Sumner, Donald Watts, Walter Watts.

Secretary Report: Copies of the March report were furnished. Mc Cauley moved for approval, Markwood 2d. Passed.

Treasurer Report. Received \$400 donation from Grey Mountain. Taxes have been filed. Gaming permit is next. Fund raiser letter have been sent to all clubs.

Committee Reports:

Anne Sullivan/Life Memberships. Need to get information on these fund raisers to clubs and encourage their participation. Sutton moved we put the application forms on web site. McCauley 2d. Passed.

Eye Care. No report.

Maintenance/Utilities. No report. Sutton asked for a report on the use of the camp, especially in winter ref cost of heating. Lazzaro question Ed shutting down in winter with high fuel costs.

Rental/Insurance. Possibly needs to re-work rates with cost utilities.

Youth Camp. So far, we have 25 youth coming. Working on the schedule. Camp dates July 18 thru August 2. Need to go to Canada next year.

Old Business.

Recycling bins. No report.

ATCO trailer. Received one bid for \$500.00. Did not accept. Will be readvertised.

Sight trailer needs glaucoma machine needs repair.

Otherwise all OK. Hall moved to renew a lease proposal. Sutton 2d. Rodrigues moved to table till next meeting, Markwood 2d.

New Business.

Nominations and elections. Only 3 nominated:

Herb Barker

Cheryl Markwood

Lisi

These 3 new members elected by group acclimation.

Meeting adjourned at 8:15 AM. Next meeting May 15, 2008.

Herb Barker, Secretary

Low-Fat Old-Fashioned Potato Salad

(makes 8 servings)

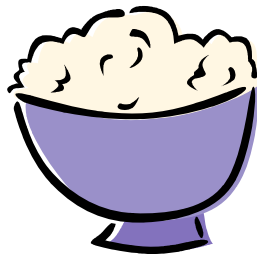
Submitted by Tracy Rush, Diabetic Chair

2 pounds (960 g) Yukon Gold or red potatoes, cut into 1-inch (5 cm) chunks
2 tablespoons (30 ml) fat-free sour cream
1 tablespoon (15) white wine vinegar
¾ cup (90 g) thinly sliced celery
¼ cup (40 g) minced red onion
¼ cup (39 g) minced dill pickle
¼ cup (56 g) reduced-fat mayonnaise
¼ cup (57 g) non-fat plain yogurt
2 teaspoons (10 ml) Dijon mustard
½ teaspoon (2.5 ml) salt (optional) freshly ground pepper
1 hard-cooked egg, sliced (optional)
chopped fresh dill or flat-leaf parsley for garnish (optional)

1. Cook the potatoes in a large pot of boiling water for about 6 to 8 minutes, until tender. Drain well and transfer to a large bowl.
2. Add the sour cream and vinegar to the potatoes; stir to coat evenly. Add the red onion, celery, and chopped dill pickle.
3. In a small bowl, combine mayonnaise, yogurt, mustard, salt (if using) and pepper to taste.
4. Pour over potatoes and gently stir to evenly coat. Cover and refrigerate for at least 2 hours, or up to 8 hours.
5. Serve cold, garnishing just before serving with the sliced hard-cooked egg and chopped dill (if using).

Per serving: 129 calories (19% calories from fat), 3 g protein, 3 g total fat (0.6 g saturated fat), 23 g carbohydrate, 2 g dietary fiber, 3 mg cholesterol, 177 mg sodium

Diabetic exchanges: 1 1/2 carbohydrate (1 1/2 bread/starch)



Whitehorse Lions Open House

by Bill Baker

What a memorable occasion!~ The four Whitehorse Lions Clubs were out in great form Saturday night, the 28th of March, at the Yukon Inn. What a gala event they had. With all the computer graphics, showing Lions events, to the Sightfirst film, I was impressed with their skills, an impressive showing of Lions activities to those prospective Lions that attended. Not only did each club have a special table to show off their successes, they each gave a short example of what they are able to accomplish in Whitehorse and surrounding areas. There were 10 guests who signed up that very night! The MC was Gerry Gerein, he did a fantastic job in arranging the event with supporters and gave an exemplary rendition of Lionism in this community. It is events like these that inspire me to do more for this great district of ours. We are very powerful, as was portrayed in style, that night.

- What It Would Be Like -

By Lion Bill Baker

What it would be like, to have no Lions around, Those people who give their time, their experience, it's truly profound.

All the children, where hope would be a mystery, all the suffering, which has prevailed throughout history.

In Fairbanks alone, we have seen the seeds of despair sown those without food, without heat, the cancer grown.

Where the heart was not touched, a need indeed. Where loneliness and strife prevailed, oh yes and greed.

Of all the Christmases, the presents not their, The laughter sought the fun just not, anywhere.

Oh! "How I hope" that you may feel, what you are doing, keeps peace in the air, **we serve**, Melvin Jones started brewing!

Delta Lions Club

As a member of Lions District 49-B, we are a key element of the largest service organization in the World – “Lions Clubs International” and, as such, have provided assistance and opportunities to many individuals and organizations in the Interior of Alaska since 1958.

The Delta Club is preparing to celebrate 50 years of service in October of 2008 and would like to invite you to be part of that distinctive milestone. The Delta Lions Club has faithfully responded to many needs in our Community and we feel we have made a significant and positive impact on many lives, from the very young to the senior citizens who grace our area. We have provided assistance to individuals who cannot afford necessary vision care, or corrective lenses, and also to those who find themselves in circumstances as victims of fires, illness, etc. The Delta Lions Club financially supports many student activities to include youth football and many student organizations within the school system. Other activities we have supported and worked with include the Volunteer Fire Department, EMT Rescue Squad, City Council, Boy Scouts, American Cancer Society, and many other civic groups.

We now come to you to request support to make our 50th Anniversary a memorable occasion for everyone. We plan to hold this event in conjunction with the College Lions of Fairbanks, who are also celebrating their 50th year of service and we will also be hosting the 49-B Lions Mid-Winter Conference. We expect to welcome as many as 100 visitors to our community for this occasion. Many of you have given to our fundraisers and participated in our activities through the years. We sincerely appreciate that support and would like to invite you to be an integral part of this momentous undertaking by our Club on October 23-25, 2008. Components that we are generally seeking assistance with are donations of either dollars or items that can be raffled, or used as door prizes during the weekend, and the purchase of advertisement in our printed brochure. Any discounts offered to our visitors would also be appreciated.

We are convinced that this activity will make a noteworthy impression on the local economy as these visitors honor our Club and Community during this weekend celebration. Thank you in advance for any assistance you can provide.
Sincerely, Tom Stockmal, President

2008 District 49-B Mid-Winter Conference
Delta Lions 50th Anniversary Celebration
College Lions 50th Anniversary Celebration
October 23, 24 and 25, 2008
Delta Junction, Alaska

Program Advertisement Deadline – September 15, 2008
Support the 49-B Mid-Winter Conference!

Description

Special Pages

Inside Front Cover Full Color \$300.00

Inside Back Cover Full Color \$300.00

Outside Back Cover Full Color \$300.00

Inside Pages

Full Page Black & White \$125.00 Color \$200

Half Page Black & White \$75.00 Color \$125

Quarter Page Black & White \$50.00 Color \$75

Business Card Black & White \$25.00 Color \$40

**Require camera ready jpeg or artwork if applicable

*Each Lions Club subscribing to one of the “special pages” will receive a \$50 credit toward one conference registration fee. Mail submissions with payment to: Delta Lions Club, P.O. Box 243, Delta Junction, Alaska 99737 or e-mail to Totsie Pursey totsie@attalascom.net for further information contact Totsie Pursey, Secretary at (907)895-4256

Sponsorship and/or Donations:

- Bronze Level - \$100.00
- Silver Level - \$250.00
- Gold Level - \$500.00
- Platinum Level – Amounts over \$500.00

In-Kind contributions for items to be raffled or to be used as door prizes, will also be recognized and gratefully accepted.

Recognizing Your Lions At Work In Our Communities



DISTRICT 49B LIONS FOUNDATION, INC.
Mac McCarthy Lions Youth Camp

May 18, 2008

As president of District 49B Foundation I am asking for your help. Our youth camp is coming up, **July 18 to Aug 2, 2008**. We have scheduled two clean up sessions at the camp, **June 7 & 8** also **June 14 & 15**, 2008. Please join us in cleaning up the camp. We will have a pot luck both weekends.

Tasks that are needed:

All Building need to clean and moped
The main Kitchen really needs cleaning for the health inspection.
The grounds need to cut and rake, brush needs to be cut.
Any repairs need completed (a list will be at the camp).
Their are logs in back of building that need to be cut and haul up to the front burn pit for the bon-fires.
Lawn mowers, brush cutters, rakes...anything you can provide to help with the tasks would be appreciated. If you can not make these weekends please contact James Turner 978-3767 or Herb Barker at 479-4649 and you can work any other days. If we have a lot of people doing some, it will get done sooner.

Host Families : We have approximately 25 teenager's schedule for the camp. We need host families for all the teenagers, if you could help, please contact Janice Roderiques at 456-2304 **PLEASE HELP.**

To All Clubs:

The Foundation needs your help. Our general fund are just about depleted for the year, If your club could donate to our general fund to help for the coming year, it would be greatly appreciated. The Foundation is applying for a gaming permit, It will be next year before we would received it. Your help is needed to get us through the coming year.

Vision Trailer:

If your Club would like the trailer for a function please contract Lisi Dunn 488-8407 of James Turner 490-2908 to schedule the time.

James Turner
President
Dist 49b Foundation

Go With The Flow

By Lion Bill Baker

Visiting the Barrow Lions this weekend really taught me where the saying, "Go With The Flow", came from.

After the retreat, Sunday afternoon, time allowed for some reflection. Lion Tom's truck was giving to me for transportation & my convenience, so a trip to the sea shore was very inviting. Along this shore was the solid ice, which had been battling the breakup for some time, acknowledged by all the turmoil, jagged jumble, growing piles and forces caused by wind, tide, current and the cycle of the moon. I realized that the Barrow Lions not only had experience with today's trials, but also something I had never realized before. The ability of many thousands of years, channeling energy, and going with the flow. A direction instituted by nature, absorbed by the indigenous Inupiat. They have this inherent gift, in there blood & genetics to deal with powerful forces. That became evident to me, this weekend. I am now blessed, having experienced this gift, their understanding, their ability to guide natural powers, To mold forces in their positive direction, which they choose, to help them with tomorrow. Seeing them in action, gave pause, abilities-yes, strengths-awesome, some real quiet, delicate power. Our Barrow Lions, wonderfully unique, diverse, inspiring,
Thank You!

Incoming Governors Costs

By Lion Bill Baker

To all the Lions in 49B. I would like to explain the monetary commitment by our incoming governors. First of all, they are sponsored by Lions Clubs International. When they travel by car they get .18 cents a mile only for official visits, up to 600 miles maximum, to travel to a club. They get \$50.00 dollars for lodging a night, if no one hosts them, per one club visit. I am not sure what they get for meals, but whatever they get, it is never enough. Their out of pocket expenses can be tremendous. They need our support, from the clubs, from individuals, from concerned Lions in all our communities. Won't your club think about hosting a fund raiser to help them in this process? Lion Governor Lisa, traveled close to thirty thousand road miles this year already, she paid for allot of that out of pocket. Can you say thousands of dollars? This is the commitment we ask for each Governor to make each year. How about a sweat heart ball, a spaghetti feed, a fun Halloween night, a raffle? You could make the difference in their lives. Consider the possibilities, and thank you for being Lions! Checks could be made out to: District 49B Lions, Governors expenses (see your current directory for mailing addresses, or contact your club secretary).



Club Support

By Lion Bill Baker

Hi Lions Clubs of 49B. I will be going to the U.S.A. / Canada Leadership Forum in September (will be my third, the first two I paid for out of pocket, and seven Int. Conventions, 5 of which I also paid for out of pocket). I also will be your Governor in 2009 - 2010 (and was your Governor in 95-96). I live on a fixed income now, around 26,000 a year. If you could find a way to help me monetarily, in this endeavor, I would consider that a profound recognition of what I may be able to do for your club. I do promise to be very positive, pro active, communicate, give 110% throughout the next three years. I already have benefited from your tremendous commitment throughout past years. Your energies have given me great hope, that we will always be in this, win win, situation, that we are now in. Strong clubs, strong district, and most of all, *strong members*. I look forward to your future & mine, making this one of the strongest Districts in the WORLD. We do have the, WE SERVE attitude, you have shone me that already. Please send donations to our current Cabinet Secretary/Treasurer, Lion Dodie Rixie: Donation **District 49B C/O Bill Baker** I would like to thank the Barrow Lions, Delta Lions, and those clubs and members at our recent MD Convention for their generous donations to date!

U.S.A. Canada/Leadership Forum Trip Sponsorship

By Bill Baker 978-0607

I am trying to attend the Forum this year in Saskatoon, Saskatchewan, Canada. I will be getting support from the district, as they help the incoming Vice District Governor defray expenses in each years budget, for this trip. I am also asking my club, the Delta Lions to help. I will use mileage, if I can and try to find the cheapest way & stay I can. I am already registered, and got the early bird registration, which is 230.00. The hotel will be around 95.00 a night for the 3 or 4 nights depending on air travel arrivals and departures.

The Forum is from the 18 - 20th of Sept.. I may have to spend a day in Seattle on each leg of the trip, which will be at least 100.00 a night. The total could be as high as 2500.00. Or as low as 1500.00.. I am not sure yet. Please consider this to be for leadership training if your club wishes to donate. If you send a check, please make it out to the 49B District in care of Lion Bill's expenses. Send this to Dodie Rixie, our Cabinet Secretary/Treasurer, 5631 Old Valdez Trail, Salcha, Alaska, 99714 If there is money left over, I would appreciate it if you allow me to carry this over to the next year, for my expenses as Governor in 2009-10. You will have access to the full accounting at all times by our 49B C.S.T.. Thanks for your considerations! By the way, we are sending a delegation to the Forum this year (from 49A, Kodiak). They will be involved in training at this forum, they also need support. District Governor Elect Lion Wes Burno has raffle tickets for this event. 100.00 each. Many payoffs. This will help these Lions in the same manner. See Lion Wes, our incoming governor frozen50000@yahoo.com . or 488-8499

FAIRBANKS CHOICE LIONS
&
MONROE HIGH SCHOOL LEOS

HOPE YOU'LL JOIN US FOR THE
10TH ANNUAL BUD SWEET MEMORIAL
GOLF SCRAMBLE

SUNDAY, JULY 20TH, 2008
TEE TIME IS 8:00

CONTACT CHERYL MARKWOOD
374-6641 OR cheryl@bealion.org
FOR MORE INFO



Thank You

Submitted by Lion Cheryl Leadership Chair

SPECIAL KODOS GO TO ALL THOSE WHO PARTICIPATED IN THE INCOMING OFFICIER TRAINING ON SATURDAY, MAY 31ST. HERE IT WAS A BUEATIFUL SATURDAY AFTERNOON BUT WE HAD MEMBERS OF FOX LIONS, HOST LIONS, CHEECHAKO LIONS, AND DELTA LIONS TAKING TIME OUT OF THEIR DAY TO LEARN THEIR JOBS AND ASK QUESTIONS WHICH WILL HELP MAKE THEIR CLUBS STRONGER AND MORE PRODUCTIVE.



ALSO SPECIAL THANKS TO LION NANCY RUSSELL WHO SET UP AND SUPERVISED OUR TRAINING. THE DENALI STATE BANK HAS AN AWESOME TRAINING ROOM. THANK YOU! THANK YOU! THANK YOU!

FOR THOSE THAT MISSED THE TRAINING...
DON'T FRET...YOU CAN STILL GET HELP....
JUST CALL907-374-6641 AND
"SOME ONE" WILL BE THERE TO HELP YOU!

Upcoming Events

- June 7th & 8th and June 14th & 15th Youth Camp Clean-up
- July 18th – August 2nd Youth Camp
- July 19th 9-5 is the Eye Glass Recycling Day @ Aurora Borealis Lions Eyeglass Recycling & Vision Center
- July 20th 10th Annual Bud Sweet Golf Tournament.
- July 27th Deltana Fair, Delta Lions Club Multi-Raffle drawing.
- August 16th 1st Cabinet meeting @ Youth Camp
- August 22nd & 23rd, Cruisn' With Santa
- October 23-25, Mid-Winter, Delta, Jct.

'07-'08 Directory Corrections

Page 2 Zone 2 Chair Rich Jones H-452-6540

Page 16 Totsie Pursey P.O. Box 243 email:
totsie@attalasc.com.net

Page 17 Nenana Lions Club

President, Jason Mayrand, Box 155, Nenana, AK 99706 H-832-5614

Secretary, Ken Eggleston, Box 348, Nenana, AK 99706

Treasurer, Teresa Mayrand, Box 155, Nenana, AK 99706 H-832-5614

Page 19 Area Code for Dease Lake is 250

Page 19 Whitehorse Fireweed Lions

President, Lynne Hutsul 12 A Viml Place, Whitehorse, YT

Y1A 6B1 (867)-633-6233 lmhutsul@klondiker.com

Secretary, Tracy Brickner 7 Topaz Crescent, Whitehorse,

YT Y1A 6C3 (867) 633-3792 attbrickner@northwestel.net

Page 49 John Scott Deceased

Page 50 Everette Burk no (e) on the end of his name

Page 51 Pete Hupperton should be with an (e) Hupperten

College Lions Club President Tom Clark

904 Woodlawn

Fairbanks, Alaska 99701 907-455-4752

Meeting Place is Mayflower Restaurant 2nd and 4th

Mondays, 7pm

Interior Baseball Lions Club Meeting 4th Thursday s, 7pm

Sombrero Restaurant in the back room.

District 49B Cabinet Officers 2007-2008

Lisa Conrad
District Governor

Walter Watts
Immediate Past District Governor

Wes Burno
Vice District Governor

Dodie Rixie
Cabinet Secretary-Treasurer

Zone Chairs

Alvia Pruitt
Zone 1

Rich Jones
Zone 2

Robert Larango
Zone 3

Bill Baker
Zone 4

Zone 5

Johnny Gonzales
Zone 6

Gord Sutton
Zone 7

The District 49B Mailbox
District 49B
PO Box 73495
Fairbanks, Alaska 99707

We're on the Web!

Visit us at:

<http://www.49b-lions.org/>
